



Terre Haute Deanery Pastoral Center

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Your Family Disaster Supplies Calendar – Week 1

The Family Disaster Supplies Calendar is intended to help you prepare for man-made or natural disasters before they happen. Using the calendar, your family can assemble an emergency kit in the small steps over a six-month period.

Check off each week as you gather the contents. Supplies may be stored all together in a large plastic garbage can or plastic bins with wheels. Remember to rotate your perishable supplies and change water every six months.

To get started:

- Check your house for supplies that already have on hand.
- Decide where you will store supplies.
- Meet with your family to plan.

The shopping list for Week 1:

- One gallon of water per person
- One small jar peanut butter per person
- One large can of juice per person
- Hand-operated can opener
- Instant coffee, tea, powdered drinks
- Permanent marking pen: (Date each perishable item with marking pen: item/expiration date.
- Pet food, diapers and baby food if appropriate

